

## **Advent Study-Preparing Our Hearts for Christmas**

6:30 to 7:00 pm Dinner

7:00 to 8:00 pm Study and Discussion

**1<sup>st</sup> Study- Wednesday, December 1, 2021**

**Title: Preparing The Way**

**Scriptures: Mark 1:1-4; 7-8**

**Goal: To discern on how we prepare the way for the birth of the Christ**

The season of Advent is a time of preparing for the celebration of the birth of Jesus Christ. During this first gathering and discussion we will focus in on NOT getting lost in the hustle and bustle of what can be a frenzied time but on how we prepare to make the path straight for the one who is to come.

### **Discussion Questions:**

- What are the hustle and bustles of Christmas, in our lives?
- How do the hustle and bustles keep us from “making the path straight and preparing the way” for Christ in our lives?
- What self-care can we do to “prepare the way” for the Christ in our lives?