

Advent Study-Preparing Our Hearts for Christmas

6:30 to 7:00 pm Dinner

7:00 to 8:00 pm Study and Discussion

2nd Study-Wednesday, December 8, 2021

Title: Spiritual Practices during Advent

Scripture: John 1:10-12

Goal: To explore the different ways we can reflect on the meaning of the Advent season

Many of us can get caught up in the material aspect of the season. There are presents to buy and wrap. There are cards to send and decorations to unpack. There are parties to attend, events to plan and trips to make. The Advent season can fly by without us taking any time to reflect on its meaning. During this second Advent study we will learn about how special this season is for our individual spiritual development as we count down to Christmas.

Discussion Questions:

- What are some of the things that get in the way of us recognizing Him?
- What are some of your Spiritual practices?
- What are some practices that you can take on to help you receive Him?